



The Parish of The Asterby Group
Newsletter

September
to **October**
2024

All information contained within this newsletter is assumed correct at time of publication.

Lay Chair Ramblings...

I felt like 'rambling' rather than 'muttering' this time so I hope you can cope with that. It's that time of year when 'ordinary' becomes the school holidays and, harvest moves into overdrive. The end of July has brought the sun out smiling away the grey Summer we have had till now... Birdsong; the chinking of wine glasses and the babble of conversation with family and neighbours; perpetual lawn mowing and outdoor maintenance; and combine harvesters at work.... are all the sounds of summer in the lovely countryside we call the Wolds. Irritations? Well, there are a few. Biting flies and screaming motorbikes ignoring speed limits, spring instantly to mind. Don't get me wrong, but youngsters seem to love the power of a bike between their knees and the adrenalin of speed. Me? My racing machine as a youngster was an Austin 12 drophead 1934 with dickey seat in the back. It seemed to attract all the attention my version of being a teenager craved for, with its 0-60mph in two weeks!

When I stop for a moment, things have actually not been so 'ordinary'. A lot has happened in the past couple of months.... Politics and sport a plenty, even too much, though I have loved the cricket. I just hope the newbie Government we have will get on with its promises, be honest and not harp back to errors of the past. A better long-term future for all is what matters

In the Church we are in that long period of 'ordinary' time. The big festivals have passed and the run to Christmas is long, but time flies and it will arrive with Hallowe'en pumpkins and glittering tat in the shops before we've blinked many times. Ordinary times are good for us. At best they are times when we can be quiet and reflect on life's journey. God may or may not be for you but when you read Christ's words from Matthew's Gospel chapter 11: verses 28-30 where he says 'Come to me all of you who carry heavy burdens, the world on your shoulders, and I will give you rest, calm. Take what I offer, learn from me and I'll give you peace'. I believe He means it. Amid the noise and turbulence of life, that 'Peace that passes all understanding' is worth checking out. We need it to cope with life and keep everything in perspective.

In church buildings we so often find a peace, a hush from the hectic pace of life. On a rocky hilltop, sitting with a view and the breeze in your hair, if you've got some, you think things through and wonder. Gazing at the ocean's movement and its shades of light and colour gives moments to ponder the past, present and future

Most of us think we live ordinary lives. Most people I've met carry extraordinary stories in one way or another. Whatever yours may be, I hope above all that you have hope and find PEACE in the ordinary.

George

Who's Who in the Group

Priest in charge : Vacancy - Contact Partnership Office

Lay Minister

Ann South, 01507 313792

Partnership Office

Debbie Knight, South Wolds Group Administrator, 01507 525600

Caroline Taylor, Safeguarding coordinator, 01507 343352

Group Parish PCC

Lay Chair : George Ward, 01507 313419

Secretary : Vacant .

Treasurer : Sally Cosgrove, 01507 343788

VCC Church Wardens, Treasurers and Secretaries

Asterby : Sally Cosgrove, 01507 343788

Benniworth : No VCC

Biscathorpe (closed) Church DAC at the Diocese of Lincoln

Burgh-on-Bain Judith Varley, 01507 313342 Beverlee Bird, 01507 313667

George Ward 01507 313419

Donington-on-Bain Graham & Lynne Parkinson, 01507 343500

Rosemary Parkinson, 01507 343242

Gayton John Needham, 01507 313265 Ann Needham, 01507 313628

Goulceby Caroline Taylor, 01507 343352 Sylvia Taylor-Reed, 01507 343342

Ranby Jonathan Booth (acting), 01507 343278

Russ Hibbins (acting) 01507 343581 - Di Eddington, 01507 343336

Scamblesby Derek Elmhirst, 01507 343631 Peter Myers, 01507 343680

Stenigot Linda Gravells, 01507 343225



Minutes of Meeting Held at St. Julians Church

on WEDNESDAY 26th JUNE 2024

Present : Cllrs. Stewart (chair), Olivant, Raynor, Chetwynd – Talbot

Clerk – D Bailey

1. Apologies for absence. Cllr. South, On furlough. Cllrs. Dyas, Mcallister

2. Attendance by members of the public

Two members of the public were welcomed to the meeting. One member of the public offered support to the Parish Council in whatever capacity would be most useful. The Chair thanked them for the offer.

The second member of the public offered the Rectory Garden as the venue for the forthcoming Village BBQ. This was discussed and is summarised below in point 7 – update on social events

3. To approve the minutes of the meeting held on the 21st February, 2024 (previously circulated).

Proposed that the minutes be accepted and signed.

Proposed – Cllr. Raynor

Seconded – Cllr. Olivant

4. Finance Officers Report

Report accepted. Cllr Olivant noted that the grass cutting would be in the region of £800 - £1000 and is due to be paid. This was agreed.

5. Update on Homestead Farm development.

The clerk read out the emails from PWC, who are the building control surveyors. It is still not clear from the emails what plans, if any, have yet been submitted for the disposal of foul water and surface water. A local resident also has concerns about the dumping of soil and rubble which may impact upon drainage of rainwater.

Action clerk to discuss with ELDC to establish the current situation and the protocols for waste water disposal.

6. Update on second questionnaire

Cllr Chetwynd-Talbot stated that this was still in progress, and two volunteers were offering to help. Cllr Raynor offered to distribute the questionnaire when the time came, and the clerk suggested that his address be added to the locations where the questionnaire could be returned.

7. Update on social events

In the earlier public forum one member of the public offered the Rectory Garden as the venue for the forthcoming Village BBQ. After some discussion, the following was agreed: The date would be either Friday 12th July commencing at 5p.m., or Friday 16th August commencing at 5p.m., the BBQ being weather dependant.

The event would be funded by sale of tickets

Food would be purchased by the Parish Council and attendees be expected to bring their own drinks, and any specific dietary requirements.

Cllr. Chetwynd-Talbot will prepare the tickets and advertise on Facebook and WhatsApp. Cllr. Olivant will provide salads.

Various offers were made to provide cakes.

The chair thanked the Member of Public for his kind offer

The Cheese and Wine event will be decided upon after the BBQ, given that two dates have been set aside in case of inclement weather.

8. Clerk noted that the laptop was now up and running. He also produced a suggested agenda of the future based upon the Good Practice Agenda produced by LALC. This was circulated and will be emailed to the Councillors not in attendance.

Noted that the future meeting dates will be: - 25th September. 29th January 2025, 23rd April 2025, 21st May 2025 – AGM and Public Meeting.

The meeting closed at 20.05.

Benniworth Church Lottery - February - September '24

	1st - £20	2nd - £15	3rd - £5
Feb	111 Mr & Mrs Moon	10 Richard Pascoe	102 Pat & Dave Woods
March	11 Kerry Tyreman	6 Jeff Hancock	51 Judith Heelis
April	73 Henry Denchfield	110 Sue Needham Well	77 Felicity Vero
May	40 Bella Campbell	3 Robery Johnson	51 Judith Heelis
June	60 Jayne & Phil Dyas	18 Beverley Glebe Farm	114 Judith Johnson
July	41 Clare Willoughby-Clifton	112 Gillian Stewart	119 Sue Montgomery
August	43 Sue Olivant	123 Lisa Waller	87 Rosemary Needham
Sept	£50 - 102 Marie and Paul - Top Farm	£50 - 68 Mr and Mrs Raynor	

Deadline for next Newsletter All articles and adverts for inclusion in the November to December edition to be with Sue, on **07826 772452** or email: **moomoski@btinternet.com** by **15th October**. Please let me have your items written out, or, preferably emailed, as you would like them to appear, and as early as possible, please don't wait until the deadline. **To place an advert please contact Sue on the above number.** All items on behalf of the church have no charge. Any other events or adverts will have a minimal charge. This helps to maintain and develop your newsletter. Contact **Sue** by email here at **moomoski@btinternet.com**

Stamps, foreign coins, banknotes and postcards, used or new, are still being collected by Sue. All these items can be placed in the 'stamp collection boxes' in most of the churches or directly to me at Bramley House, Benniworth. **07826 772452.**

Benniworth Ink cartridge recycling ends.

The company where we were sending printer cartridges to be recycled now pays for very few brands and as a result it is no longer feasible to send off boxes of used cartridges. Donington on Bain School would like to thank everyone who made the effort to leave their cartridges in the bus shelter over the last few years. Jayne Dyas

Donation thank you !

We've had a £5 donation from Ana G - thank you - it all helps - Editor, S. Montgomery.

The Earth does not belong to us
We belong to the Earth, this we know
All things are connected, like the blood
Which unites our family.
Whatever befalls the Earth befalls the sons and daughters of the Earth
We did not weave the web of life, We are merely a strand in it
Whatever we do to the web we do to ourselves.

Chief Seattle - The Suguamish Tribe 1854

Coffee, Cake and Chat
Donington on Bain Village Hall
First Thursday of the month at 10.30am - all welcome !



27 Oct 2024 - Daylight Saving Time Ends
on Sunday, 27 October 2024, at 2am clocks are turned backward 1 hour to 1:00am local standard time instead.

Donington-on-Bain Parish Council

<https://donington-bain.parish.lincolnshire.gov.uk>



August 2024

doningtononbainpc@gmail.com

There is a casual vacancy for a parish councillor.

If the legal process does not require an election to be called the parish council is able to co-opt a councillor to fill the vacancy.

If you would be interested in being co-opted onto the parish council please contact the clerk Mrs Viv Davies.

doningtononbainpc@gmail.com

Dates of upcoming Parish Council Meetings

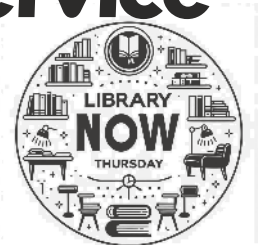
Tuesday 3 September at 8pm

Tuesday 8 October at 8pm

Mobile Library Service



click & collect service



Donington on Bain, Post Office : Arrives 10.00am - departs 10.30am

Benniworth, Tennyson Close : Arrives 10.45am - departs 11.15pm

on Thursdays

Sep	Oct	Nov	Dec
12th	10th	7th	5th

For enquiries or renewals contact the customer service centre on 01522 782010

WWJD?

WWJD? Have you seen this acronym before? It means 'What Would Jesus Do?' "WWJD?" is a question I often ask myself. When I'm uncertain, when I feel conflicted, when I am challenged by others, when I feel a path forward is blocked. I've spoken to people who are not Christians but who know about Christianity, and they think Jesus was a pretty cool guy regardless of religion, whose ideas on how we treat each other are as applicable today as they were over 2000 years ago. Love, peace, kindness, gentleness, patience, self-control. You don't have to be religious to want these things for the world. These characteristics, amongst others, demonstrated by Jesus again and again, are called out in the Bible with the affirmation "Against such things, there is no law" (Galatians 5:22). With "the law" being summed up in one phrase, one command: "Love your neighbour as yourself". Wouldn't the world be a better place if there was more of this? Sometimes I find it hard to join the dots between what is written in the Bible and what I find in the modern world. But I keep trying, and I also try to find others who have made the connection and have already understood the relevance to life today and can share it with me. I showed a draft of this article to a friend, and she said "It's not always easy, is it, to know what he would have done? He knew this, I believe, which is why he sent the Holy Spirit to guide us when he was no longer with us in person to do so. Prayer, Holy Spirit & Jesus' example keep me going! And LOVE!" Wise words indeed! So, faced with a challenge, I ask myself "WWJD?", and, viewed through that lens, a conclusion often becomes clear. The next time you have a conundrum, you could ask yourself – "WWJD?"



Donington on Bain Village Hall

Winter Craft Fair

Saturday 23rd November 2024

Beautiful handmade crafts including

- Jewellery
- Crystals
- Woven and knitted items
- Metal and Woodwork
- Honey and Wax products
- Artwork
- Cards and gifts

Raffle

Tea, coffee

Delicious homemade cakes will also be available

2pm to 4pm

Stalls are £8. To reserve a stall contact Kathy > kathyo12@gmail.com



The Vikings Retreat

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vikingsretreat@gmail.com

Notice of meeting

All Saints' Church Goulceby

There will be a meeting of all those interested in the future use of our church, on Monday 16th September at 6pm, in the church.

We will look at what has been achieved so far, discuss future events and fundraising for further projects

Everyone is very welcome to attend- there's plenty of space!

Contact Caroline Taylor 01507 343352 for more details.



St. Martin's Church, Scamblesby

We continue to hold monthly services at St. Martin's, on the fourth Sunday of the month. In addition we hold celebration services, Harvest and Carol services for example, in season.

The summer is seeing some roof maintenance taking place. We are hoping this will include the repair and reinstallation of a stone cross that hasn't been in place for several years. The church wildlife area that is being developed in conjunction with Scamblesby Primary school now includes several bird boxes and a bug hotel. Anne Thomson, our Village Church Committee secretary, has worked closely with the school on this. She will be leaving the village shortly in order to move closer to her family and young grandchildren. Many thanks for all your help Anne and best wishes for the future.

We would be keen to hear from anyone that may be interested in becoming our new VCC secretary, or indeed anyone interested in joining the VCC as a committee member. Churchwarden's contact details, Derek and Peter can be found elsewhere in this newsletter. You would be very welcome at services of course but attendance isn't mandatory!

It could be a lovely opportunity to contribute to the community whether you are a regular church goer or not. We hold four or five evening committee meetings a year and additionally any help at church events would be appreciated. For example, Anne has coordinated the Arts & Craft stalls section of our upcoming 'Village Event' and Jo, our newest committee member, has led on a brand-new inclusion, a village Treasure Hunt. By the time you read this, it will have taken place. If you were there, I hope you had a good time and didn't get lost!

Cleaner Wanted

for large 4 bedroom private residence in Donington on Bain



Days/hours negotiable

Employment to commence
from 3rd week in September

Please contact me on

07796 232220

Pet Plan.com ...

Dog going upstairs carrying a letter in his mouth

"My job is in dispatches"

Cat "My job is light on my feet"

Dog with a ball in his mouth

"My job is keeping my eye on the ball"

Cats coming from underneath a bedspread

"Our job is to keep undercover"

Dog chewing up newspapers

"I'm not sure how you would describe my job"

Dog looking out window

"My job is with neighbourhood watch"

Two dogs snoozing on the sofa

"We are between jobs"

Dog coming out of a cardboard box

"My job is to do the recycling"

Dog scratching out a garden plant

"My job is to do the weeding"

Dog running after a cricket ball

"My job is to cover silly mid on"



Ana Greaves

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Asterby Parish Services and Events

Date	Location	Service	Time
1st September	St. Julian's Church, Benniworth	Holy Communion	10am
1st September	All Saints Church Goulceby	Harvest Thanksgiving	6pm
8th September	St. Helen's Church Burgh on Bain	Morning Praise	10am
15th September	St. Andrew's Church, Donington on Bain	Holy Communion	10am
15th September	St Peter's Church, Gayton Le Wold	Harvest Thanksgiving	3pm
19th September	St German's Church, Ranby	Harvest Thanksgiving	7pm
22nd September	St Martin's Church, Scamblesby	Morning Praise	10am
26th September	St. Helen's Church Burgh on Bain	Deanery Service of TAIZE Worship. Prayer, reflection & song, followed by refreshments	7pm
27th September	St Martin's Church, Scamblesby	Harvest Thanksgiving	7pm
29th September	All Saints Church Goulceby	Morning Praise	10am

Prayer Circle

For many years now the ministry and concerns of our Parish have been supported, anonymously, in prayer by a small group of people making up the Parish Prayer Circle. As the needs, both of the Church and World increase, the value and importance of this Ministry of Prayer also increases and we are looking for others to join us in prayer during these troubled and worrying times. **If you think you would like to be part of our Prayer Circle** and would like to find out more, please give me a ring and I'll put you in the picture. In the meantime, if you would like a friend, or a particular situation, to be remembered by our Prayer Circle, do please contact **Ann on 01507 313792**

Asterby Parish Services and Events

Date	Location	Service	Time
6th October	St Nicholas Church, Stenigot	Harvest Thanksgiving with Holy Communion	10am
6th October	St. Julian's Church, Benniworth	Harvest Thanksgiving	6pm
13th October	St. Helen's Church Burgh on Bain	Harvest Thanksgiving with Holy Communion - a joint service with St Andrews, Donington on Bain	10am
20th October	St. Andrew's Church, Donington on Bain	Holy Communion	10am
27th October	St Martin's Church, Scamblesby	Morning Praise	10am
3rd November	St. Julian's Church, Benniworth	Morning Praise	10am

Parish Registers

Funerals :

21/06/2024 - Gillian Haller - Burial of Ashes in St German's, Ranby Churchyard

24/06/2024 - Conor Fahy - Burial of Ashes in St German's, Ranby Churchyard

19/07/2024 - Richard Webb - Burial of Ashes in St Peter's, Gayton Churchyard

20/08/2024 - David Lewis - Funeral at St Helen's Church, Burgh-on-Bain

Weddings :

Chloe Hunt & Jake Taylor were married at St Andrew's, Donington-on-Bain on Saturday 29th June 2024

Baptisms :

Maddie June Parsons was Baptised at St German's, Ranby on Saturday 13th July 2024.

South Willingham Parish and Village Hall Activities

September:

Wednesday 4th - Coffee & chat (free) & Willingham Winner Draw 10:30 – 12

Wednesday 4th - Art & crafts group 2 to 4 pm . (Cecilia 07799156118)

Thursday 5th – Tai Chi class 11 – noon (Carol 07592071523)

Thursday 12th - Tai Chi class 11 – noon (Carol 07592071523)

Wednesday 18th - Coffee and chat (free) 10:30 to noon

Thursday 19th - Tai Chi class 11 – noon (Carol 07592071523)

Thursday 19th - Board games 2 – 4 pm (Jan 07834598703)

Wednesday 25th - Ballroom Dance group 6.50pm. (Paul 01507 313601)

Thursday 26th - Tai Chi class 11 – noon (Carol 07592071523)

October:

Wednesday 2nd - Coffee & chat (free) & Willingham Winner Draw 10:30 – 12

Wednesday 2nd - Art & crafts group 2 to 4 pm . (Cecilia 07799156118)

Thursday 3rd - Thursday - Tai Chi class 11 – noon (Carol 07592071523)

***Tuesday 8th – REEL ISSUES FILM NIGHT 7pm FOR 7:15 start** (Roland 07946259053)

Wednesday 9th - Ballroom Dancing 6.50pm. (Paul 01507 313601)

Thursday 10th - Tai Chi class 11 – noon (Carol 07592071523)

Wednesday 16th - Coffee and chat (free) 10:30 to noon

Thursday 17th - Tai Chi class 11 – noon (Carol 07592071523)

Saturday 19th + Sunday 20th - ART & CRAFTS EXHIBITION by local artists.

10am to 4pm. Light refreshments. Dogs welcome. 10% of sales to Hall fund.

(Cecilia 07799156118)

Wednesday 23rd - Ballroom Dancing 6.50pm (Paul 01507 313601)

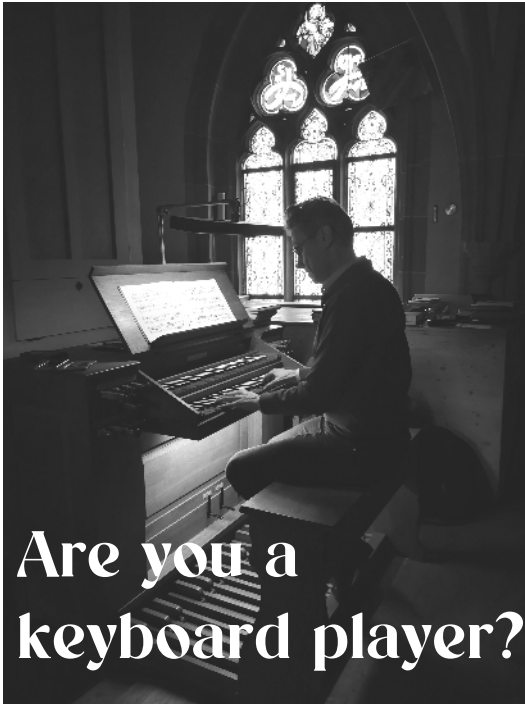
Thursday 24th - Tai Chi class 11 – noon (Carol 07592071523)

the Friday 25th - Autumn Auction + cheese, pate & wine buffet, details later

Thursday 31st – Tai Chi class 11 – noon (Carol 07592071523)

*Tuesday FILM NIGHTs are on 2nd Tuesday of the month October to April. DVDs are shown using the Hall's large screen projector & surround sound system. A small donation is requested to cover costs. Light refreshments available. An optional discussion evening on the following Thursday.

FUTURE events: Friday 29th November Quiz and PIZZA supper



**Are you a
keyboard player?**

Would you like to help out by providing music at our church services?

During the Harvest season and in the lead up to Christmas we have quite a few extra services to play for.

If you would like to become involved, please contact either Margaret Bouskill on 01507 343174 or Kathy Brayshaw on 01507 343215.

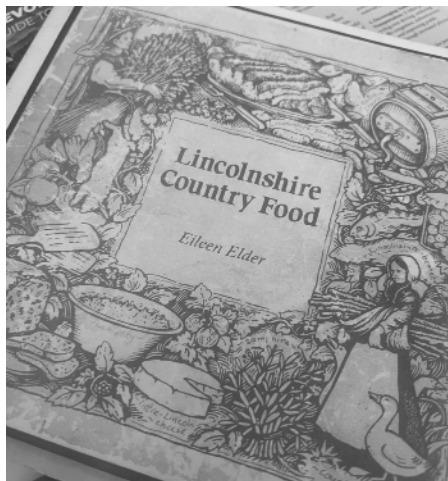
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Lincolnshire Country Food ...



During my recent visits to the Donington on Bain Coffee, Cake and Chat mornings, (first Thursday of the month, Village Hall at 10.30am if you're interested), we've sometimes found ourselves talking about food.

One of my hobbies since the late 1960s, is a bit of cooking; never happier, in a kitchen.

My grandmother taught me how to cook. She was Lincolnshire through and through, who pronounced Louth rather oddly and referred to my uncle the pig farmer as "living out there in the country".

At first she taught me to make tiny bread loaves for my Action Man. Then came the real deal, potatoes swimming in lard, pies, tripe, haslet, chine, you know, all the good stuff.

My grandfather took control of game, we dressed the pheasant in the garage. I once recall a garage floor covered in berries, the pheasants last meal.

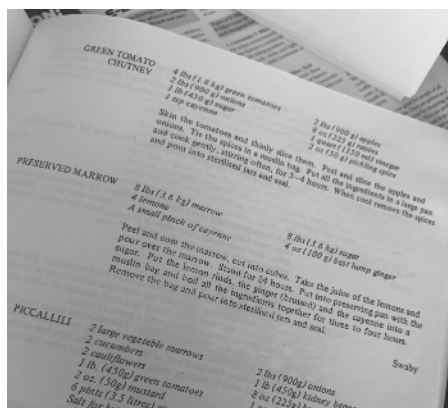
Here I am at least 5 years older now than she was back then, with a modest collection of cook books. still trying and still learning.

I've the usual predictable publications of an old man who spent his formative years in the 1970s and 1980s; some Delia, Keith Floyd, Madhur Jaffrey and the like. However one thing I always look out for is those books which are 'from where I'm from': Local, seasonal and the like. My favourite by a long way is this one. 'Lincolnshire Country Food', by Eileen Elder, published in 1985 by the Scunthorpe Museum and printed by the Scunthorpe Council Printing Department.

By some twist of fate, towards the end of my career, I inherited some of the people from that very printing department and I asked them if they had stored any of the plates or artwork from this publication. Unfortunately I was told that it would have all been destroyed in 1996. So with permission I had a copy made from the remaining copy I had found in the library.

As it's the season, and it's Lincolnshire, I've shared with you a recipe for green tomato chutney. I'll certainly be giving this a go. Preserved marrow features below it too and the courgettes on offer at the community stall certainly deserve this level of attention. Enjoy!

Karl Kay Assistant Editor



Green Tomato Chutney

4 lbs (1.8 kg) green tomatoes

2 lbs (900 g) apples

2 lbs (900 g) onions

8 oz (225 g) raisins

1 lb (450 g) sugar

1 quart (1150 ml) vinegar

1 tsp cayenne

2 oz (50 g) pickling spice

Skin the tomatoes and thinly slice them.

Peel and slice the apples and onions. Tie

the spices in a muslin bag. Put all the

ingredients in a large pan and cook gently,

stirring often, for 3-4 hours. When cool

remove the spices and pour into sterilised

jars and seal.

GREEN TOMATO CHUTNEY

4 lbs (1.8 kg) green tomatoes
2 lbs (900 g) raisins
2 lbs (900 g) sugar
1 qt (1.15 l) vinegar
1 tsp cayenne

Skin the tomatoes and thinly slice them. Peel and slice the apples and onions. Tie the spices in a muslin bag. Put all the ingredients in a large pan and cook gently, stirring often, for 3-4 hours. When cool remove the spices and pour into sterilised jars and seal.

2 lbs (900 g) apples
2 lbs (900 g) onions
2 oz (50 g) pickling spice

PRESERVED MARROW

8 lbs (3.6 kg) marrow
4 lb (1.8 kg) sugar
A small pinch of cayenne

Peel and core the marrow, cut into cubes. Take the juice of the lemon and pour over the marrow. Simmer for 20 hours. Put into preserving pan with the sugar. Put the lemon rinds, the ginger (optional) and the essence into a muslin bag and boil all the ingredients together for three to four hours. Remove the bag and pour into sterilised jars and seal.

5 lbs (2.3 kg) sugar
4 oz (100 g) best lump ginger

PICCALILLI

2 large vegetable marrow
2 cucumbers
2 aubergines
1 lb (450g) green tomatoes
2 oz (50g) mustard
6 pints (3.3 litres) vinegar
Salt for taste

2 lbs (900g) onions
1 lb (450g) kidney beans
3 oz (225g) brown sugar
1 oz (25g) salt

Swaby

ART & CRAFT EXHIBITION



Saturday 14th September

Church of All Saints, Goulceby
Top Lane, LN11 9UB

9 am until 5pm - £1 entry, 50p child
Tea & cake, Plant & Produce stall, Bric a Brac
Children's Activities

Come and browse or buy from local crafters and artists

POST & PANTRY

Donington on Bain LN11 9TJ – Tel. 01507 343220

CHRISTMAS SHOPPING EVENT

SUNDAY 6th OCTOBER

10 – 2 p.m.

QUALITY LINCOLNSHIRE FOOD, DRINKS and GIFTS

CHARITY CHRISTMAS CARDS

DIARIES and CALENDARS for 2025

10% OFF ALL WRENDALE AT THIS EVENT

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&



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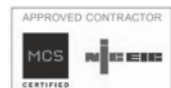
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Autumn, the season of change and transition, paints the world in hues of gold, red, and orange. As the days grow shorter and the nights cooler, nature undergoes a breathtaking transformation.

A Symphony of Colours

One of the most captivating aspects of autumn is the stunning display of foliage. Deciduous trees, responding to the decreasing daylight, cease producing chlorophyll, the green pigment responsible for photosynthesis. As chlorophyll fades, other pigments like carotenoids, yellows and oranges and anthocyanins, reds and purples, become visible, creating a vibrant tapestry across the landscape.



A Time for Harvest

Autumn has long been associated with harvest time. Farmers reap the rewards of months of toil, gathering in the fruits of their labour. From golden wheat fields to bountiful orchards, the season is a time of abundance and gratitude.

Wildlife Preparations

As temperatures drop and food sources dwindle, animals begin their preparations for winter. Some migrate to warmer climates, while others hibernate or store food for the lean months ahead. Birds flock together, their calls filling the crisp autumn air.

Cosy Indoors

With the arrival of autumn, many people find themselves drawn indoors. The cooler weather invites cosy evenings by the fireplace, wrapped in blankets with a good book. It's a time for hot drinks, warm soups, and the comforting aroma of baking.

Autumn Festivals and Traditions

Autumn is a season rich in cultural celebrations. From harvest festivals to Halloween, there's something to enjoy for everyone. Bonfires, pumpkin carving, and costume parties are just a few of the beloved traditions associated with this enchanting time of year. Autumn is a season of contrasts. It's a time of both beauty and decay, of harvest and hibernation, of outdoor adventures and indoor comforts. It's a season that invites us to slow down, appreciate nature's wonders, and embrace the changing of the seasons.

SM

Lincolnshire Pain Clinic

Camille Bennett BSc (Hons) MBAcc MAA

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<p>Sausages - £4.95 per 500g pack or 5 packs for £22.50 - variety of flavours</p> <p>Burgers - £4.95 per pack of 4 or 5 packs for £22.50 99% pure Pork Burgers seasoned with a hint of Oregano.</p>	<p style="text-align: center;">Bacon</p> <p style="text-align: center;">£4.00 for a 200g pack 3 packs for £11</p>
Leg, Shoulder, Belly and Loin Joints all available on or off the bone just ask.	

We are a smallholding based in Scamblesby with fresh produce regularly available throughout the year. For more information or orders, please contact:

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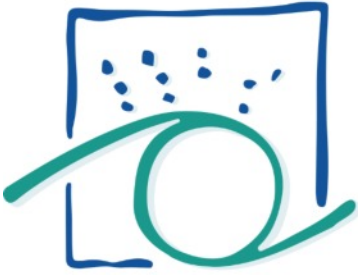
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**Quiz Night
Last Sunday
of every
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**Monday - Closed - open for residents only - Tuesday - Closed - open for residents only
Wednesday - 11.30 to 2pm, 4.30pm to finish - Thursday - 11.30am to 2pm, 4.30pm to finish
Friday - 11.30am to 2pm, 4.30pm to finish - Saturday - 11.30am to 2pm, 4.30pm to finish
Sunday - 11.30am to 4.30pm - Closed in the evening, open for residents only* except quiz night**



Lincoln & Lindsey Blind Society

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